

Metchosin Muse

A N O N - P R O F I T C O M M U N I T Y P U B L I C A T I O N

Metchosin Day Sunday, September 7

Visit www.metchosinday.ca for all you need to know!

The Sunday right after Labour Day is always Metchosin Day. It is a fun day and free for the whole family. Starting at 8:00 am the five-kilometre run/walk leaves from the Community Hall and ends at the municipal grounds, followed by the Scouts pancake breakfast. Stick around for the prizes of fresh vegetables and trophies given at the pavillion at 10:30 am. This year participants are encouraged to get sponsors for the run to help support seniors at Metchosin's Senior Information and Resource Centre (SIRC). Find out more at www.metchosinseniors.ca.

The pet contest – from the smallest to cutest to hairiest – starts at 11:00 am in the centre of it all, the Village Green. Everyone is a winner. At noon there are children's games organized by West-Mont School – the old fashioned kind – three-legged race, water-balloon toss and egg and spoon race, fun for all kids. Farmer Vicki arrives at 12:30 pm with fun and stories for all.

For the children, the Metchosin Volunteer Fire Department is staging their annual Junior Firefighter Challenge. Come and see how you will do as a firefighter! And check out the Emergency Operations Centre and see if you are prepared for a tsunami.

If you just want to relax, the pavillion offers a full day of free entertainment. You can sit down and listen to local talent of jazz, blues, world, rock and roll and country. The stage has it all!

Thirsty? Grab a glass of wine, beer or cider in the beer garden. And while listening to the music and having your beer, you can take a chance on Chicken Bingo right next door or cool off in the dunk tank. Guess just where the chicken will drop its poop. Win money and support the Scouts and Venturers.

On our front field there will be an astral show. The

Space Bus and models of the solar system and an ecliptic calendar will be set up across the field. Sharing the field will be the Project Germani, a historical reenactment of the first century BC to the first century AD. Learn about food, crafts, armour, clothing and more.

More than 100 vendors will be set up on the Village Green. Here is a chance to see everything from CRD Parks, the environment, sheep shearing, or buy some pottery, jewelry, produce, dog treats and more. The Metchosin Cricket Association will be teaching us again this year all about cricket. Learn how the game is played and try your hand at batting.

If you need to take a break and sit for a bit, the community house will be offering tea and scones. Sit and relax while you take in the photography contest. Added to the community house this year will be an acoustic stage. A full lineup of entertainment will be playing all afternoon.

Wander over to Old Barn Books where you will find a selection of books for everyone. The Pioneer Museum showcases our history, a must-see if you haven't been there yet. A vintage car display is right beside the barn. Check out some of those oldtimers.

Food is available all day. Scouts Canada will be selling hot dogs and hamburgers. Mr. Softie has ice cream and the Lions cool you down with snow cones. Doughnuts are available for your sweet tooth. The Community House offers hot buttered corn on the cob. Galloping Goose sausages can fill you up. Want a coffee? The Red Wagon Espresso will be available near the food vendors.

At 2:00 pm the mayor and councillors will honour the Citizen of the Year, the Volunteer and Volunteer Group of the year and the Friend of the Earth award. Come and show your appreciation for

these people who have done so much for Metchosin.

In the council chambers there is a chance to view the winning pies, cakes, cupcakes, and produce. Yummy! Buy a ticket for the grand prize pie, the grand prize cake. Pieces of pie will be for sale at the dinner later in the day.

Around the grounds at Metchosin Day you can watch and be part of the Malahat Marauders, the Ranns water pump, blacksmiths, weavers, dunk tank, backhoe and hay rides for kids, and more!

The Metchosin Equestrian Society puts on horse displays each year. Check out the riding ring for events taking place all day. This year there are demonstrations every half hour. Check the web page to see details at www.metchosinday.ca

The best part of Metchosin Day has to be the lamb and salmon BBQ. For \$20 you get a delicious tasting, mouth-watering meal that includes both salmon and lamb, corn on the cob, coleslaw, a bun, watermelon and Happy Valley Herb Farm's famous mint jelly. The wood fire is lit at 5:00 am to have the lamb cooked just right by the end of the day and the salmon is grilled to perfection nearby. It is the best meal deal in town. For a few dollars more you can buy pieces of pie from the pie contest.

Not only is Metchosin Day free, so is the parking. There is space for hundreds of cars right next to the Village Green. Enter off Happy Valley Road and exit out Rocky Point Road.

And last but not least, VOLUNTEERS. Metchosin Day works because of the volunteers. If you would like to help out for one or two hours or more, please give Mary Gidney a call at 250-474-6145 or email mgidney@shaw.ca.

See page 8 for Metchosin Day competition information.

Valerie Ann Cochran

May 6, 1946–July 28, 2014

Valerie Ann Cochran was born to Doreen and Charles Kerr Cochran in Calgary Alberta on May 6th 1946. Brothers Thane and Doug, sister Deborah and brother Jim followed. The family moved to Vancouver when Valerie was eight. Her siblings remember her as a force to



Valerie at Metchosin Day 2013, where she was honoured with the Volunteer of the Year award.

be reckoned with growing up and she became more dominant and important in their life when their mother died, and at seventeen, she assumed the role of surrogate mother. As a wee lad, Jim once told Deborah "you are not the boss of me, only mom, dad and Celery" (he hadn't mastered the "v" sound yet). Upon graduation from high school, Valerie moved to London, England where she worked for seven years as a legal secretary, took courses at the London School of Economics and travelled extensively in Europe.

Upon her return to Canada, Valerie worked as a law clerk with several law firms, and was instrumental in establishing the Legal Assistant Program at Capilano College in North Vancouver. She entered law school at UBC in 1981, was called to the bar in 1985, and practiced labour, human rights and employment law in Vancouver, while continuing to teach at Capilano, SFU, and BCIT. Valerie was appointed Vice President of Human Resources at Capilano College, a role she thoroughly enjoyed, and was respected by both administration and faculty. It was while at Capilano that Valerie met a fellow instructor, Charles Priestler, and thus began a romance that lasted thirty-eight years.

Valerie was truly a self-made woman – combining intelligence, fierce determination, kindness, compassion, loyalty and an extraordinary work ethic. She supported women and minorities, establishing support groups for students in affirmative action programmes while attending law school. She was a "giver." She was a blood donor – giving 138 donations over her life. When they retired and chose to live in beautiful rural Metchosin, she and Charles quickly embraced a variety of volunteer roles and enjoyed the happiest twelve years of their lives.

Valerie and Charles were avid sailors and sailed their boat as far as Alaska, Haida Gwaii and along the BC coast.

Val was actively involved in the community and became the editor of the Metchosin Muse, a job she loved largely because of the wonderful group of volunteers that helped her with this task.

Being a dinner host for half a dozen or so Pearson College Students was another obligation she embraced with gusto; it became a monthly event she really relished.

In 2013 Valerie Cochran was honoured by the Metchosin Council with the Volunteer of the Year Award.

A major contributor to Valerie's happiness during her life in Metchosin was the large circle of friends that she built and which gave her a strong sense of belonging unlike anything she had encountered before.

Predeceased by her brother, Thane and parents, Charles Kerr Cochran and Doreen Cochran, Valerie is survived by her husband of thirty-eight years, Charles Priestler; brothers Douglas and James; sister, Deborah; nephews, Dorian, Reuben, Nic, Casey and Daniel; nieces, Tiana, Katie and Emma.

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Important Dates

(for ongoing events in Metchosin, check the back page for contact information of organizations)

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Metchosin Muse

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SUBMISSION DEADLINE AND HOW TO SEND COPY
The 15th of each month. Please send copy as an email attachment using Microsoft Word, text or RTF to: metmuse@shaw.ca. Typewritten or handwritten copy is acceptable if you have no access to a computer. Do not send PDF as it does not convert properly. Leave hard copies of articles not sent via email in the *Muse* box at the Metchosin Country Store or fax to 250-483-5352.

AD DEADLINE
The 15th of every month for month-end publication.

ABOUT THE MUSE
The *Metchosin Muse* is a local non-profit, arts, interests and activities publication, produced by the *Muse* team. The opinions expressed in articles are those of the authors, not the paper. The *Muse* endeavours to promote harmony and involvement in the community and aims to interest a broad cross-section of the residents of Metchosin and Becher Bay.

The *Muse* is delivered, free of charge, to every household in Metchosin. Additional copies are available at My-Chosen Café, Metchosin Country Store, the Community House, Happy Valley Store, The Broken Paddle Coffee Shop and Willow Wind Feed & Tack Store on Sooke Road. It is also available at the Juan de Fuca branch of the Victoria Public Library.

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On the web at www.district.metchosin.bc.ca under Community.

Muse Photos

Most of the photos in the *Muse* are taken by Roger St. Pierre or Peter Lewis (who also handles our advertising). They do this for us on a volunteer basis, and we think you will agree that their expertise has added greatly to the appearance of our newspaper. If you wish to order copies of any of these photos, please go to their respective websites for details on how to order:
Peter M. Lewis - www.intothelightimages.com
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Muse Subscriptions

We can mail the *Muse* to you each month for \$25 a year if it is to be posted to a Canadian address. Please send your information and cheque to the Head of our Subscriptions Department:

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Or you can email us at metmuse@shaw.ca



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TALK AND WALK

Fall 2014

Unless otherwise stated, all Talks begin at 7:00 pm at the Metchosin Municipal Hall, 4450 Happy Valley Road (behind the Fire Hall). Most Walks will convene at the municipal grounds at 10:00 am on the Saturday morning.

GRASSHOPPERS AND CRICKETS OF METCHOSIN

Friday September 12

You probably recognize the sight of a grasshopper, or the chirp of a field cricket, but what about a shield-backed katydid, a Jerusalem cricket, or a hump-winged grig? There is more to this familiar insect group than you may realize! James Miskelly, a research associate at the Royal BC Museum, will discuss the diversity and ecology of British Columbia's grasshoppers and crickets, and introduce you to the species that call Metchosin home.

Weather permitting there will be a Walk the following morning.

BURIAL CAIRNS

Friday October 17

The newly minted Dr. Darcy Mathews will bring us up to date on his research into the subject of his PhD, "Funerary Ritual, Ancestral Presence, and the Rocky Point Ways of Death." Darcy has kept us informed of his research into the burial cairns of Metchosin over the years, being a Talk & Walk presenter in both 2007 and 2010.



SECOND ANNUAL MYCOBLITZ

Friday November 7 and Saturday November 8

Britt A. Bunyard, PhD, the publisher and editor-in-chief of *FUNGI* magazine, will be leaving his home in Wisconsin to visit us and shed some light on the fascinating and slightly mysterious world of fungi. Topic to be announced.

Last year at our wildly successful first annual MycoBlitz, we were able to count approximately 200 species of fungi. Please join us again this year as we attempt to add new species to this already impressive list.

Contact moraleamilne@gmail.com for further information about the Talk and Walk program in Metchosin.

30th Annual Terry Fox Run – Sunday, September 14

This year marks the thirty-year anniversary of the Terry Fox Run. Whether you cried as you watched Terry being forced to abandon his Marathon of Hope, or if you were born after he died, the legacy of this Canadian hero carries on, and on Sunday, September 14, from 9:00 am to 1:00 pm at the Juan de Fuca Rotary Picnic Shelter, you can support his dream to defeat cancer.

There are no entrance fees or fundraising minimums ... ever. You can walk, run or ride. Bring your pets, your family, friends and co-workers, but most importantly PARTICIPATE, have FUN and CONTINUE THE LEGACY!

You can help the Terry Fox Foundation by:

1. Signing up – visit www.terryfox.org/Run/
2. Inviting a friend
3. Inviting your in-laws (nothing shows more commitment to Terry than that!)
4. Get the word out any way you can! (Challenge bosses, co-workers, neighbours, family and friends to attend!)

Keep the dream alive!

CRD Events of Interest

September 2014

Birds of Witty's Woodlands and Lagoon – Guided Walk – 9 years+. Sept. 7, 9:00–11:00 am, Witty's Lagoon Regional Park

Anderson Cove – Mount Maguire – Guided Adult Hike – 18 years+. Sept. 12, 10:00 am–2:00 pm, East Sooke Regional Park

West Coast Afternoon – Guided Adult Hike – 18 years.+ Sept. 14, 11:00 am–3:00 pm, East Sooke Regional Park

Go with the Flow Line – Guided Walk – 5 years+. Sept. 14, 1:30–3:30 pm, Charters Interpretive Centre (Sooke)

Hawk Watch – Drop-in Event – All ages. Sept. 20, 11:00 am–3:00 pm, East Sooke Regional Park

Seasonal Safari – Guided Walk – 8 years and under. Sept. 21, 1:00–2:30 pm, Mill Hill Regional Park (Langford)

Discover Devonian – Guided Walk – 5 years+. Sept. 27, 1:00–2:30 pm, Devonian Regional Park

For more information on these and other CRD events, please phone 250-360-3000, or visit their website at www.crd.bc.ca/about/events.

A Tribute to Valerie Cochran

BARRETT FULLERTON

The tributes to Valerie have been extensive. Some remember Valerie from work, her enthusiasm and determination in developing the Legal Assistance Program at Capilano College and how she loved to share her knowledge and experience with her co-workers, and how she was clever and creative with a quick wit and sharp mind.

Some remember Valerie for her love of entertaining, her dinner parties, her larger gatherings and the deck party for Charles' birthday every August.

Many remember Valerie's and Charles' love of travelling and their sharing of travel experiences.

Some remember Valerie for her love of the Arts, as she and Charles would attend the Victoria Symphony and Pacific Opera and were volunteers with Ballet Victoria.

There have been letters from former Pearson College students who appreciated the wonderful dinners and conversations at their home away from home during their two years at the college.

She was also referred to as the "Cornerstone of the Muse" as she and Brian Domney edited our local monthly paper, the *Metchosin Muse*.

Valerie was so involved in the community that she was the recipient of the Volunteer of the Year award at Metchosin Days last year.

So, where do I fit in to all this?

My wife, Mary, and I retired to Metchosin in the spring of 2002. We soon became involved as volunteers with the Metchosin Community Association. In 2004, I joined the board of the Association and I believe Charles joined the board the following year. I knew Valerie as Charles' wife and would meet her at MCA functions.

In January, 2008, my wife died of cancer. As if Valerie didn't have enough to cope with with Charles, I was soon adopted into their family of very close friends.

Valerie soon had me volunteering on the *Muse* team. I'm called the Distribution Manager, but am just an unpaid paper boy. (Editor's Note: We're all unpaid, but Barrett is more one of "the unpaid hearts and souls of the Muse.")

I have been fortunate to attend her three large summer deck parties for the MCA board, the *Muse* team and, of course, the party for Charles' birthday in August, as well as the numerous dinners for smaller groups of neighbours and friends.

I shared with them the love of the symphony and opera as we travelled to the performances together.

I have shared the joy of travel with them both as we had group trips sailing in Croatia and cruising the canals in France. The three of us have also been together for a week in Tuscany, a cruise from Rome to Fort Lauderdale and a ten-day road trip in France last year.

One of the most enjoyable social events was to be included in hosting the students from Pearson College. We formed some wonderful friendships with these amazing young people and learned about their lives at the college and in their home countries in many parts of the world.

Without Valerie, my last few years would have been quite different as her friendship and inclusion in their lives have brought me much enjoyment and kept me active and involved in the community.

I'll miss you, Valerie.

My name is Cassandra. Valerie was my friend for four years since I was three. I am seven now.

Valerie was kind and generous to me and she was also caring and fun.

She played Polly Pockets with me. We went to Butchart Gardens to see the Christmas lights and she rode the lion on the carousel when I rode a horse.

Valerie gave me special treats at Hallowe'en and Christmas and my birthday, like Winnie the Pooh, Tigger and Eeyore music boxes. She gave me stuffies, too, and money for when I go to Disneyland.

I am sad Valerie died but I am happy that Charles can still be my friend.

Cassandra Dilay (granddaughter to Doug and Barb Sawatsky)

Pearson College Will Remember Valerie

Valerie Cochran opened her heart, hearth and home to Pearson College students ever since she moved to Metchosin with her husband, Charles Priester. She was keenly interested in our students and their stories.

Valerie helped them when they were home-sick, often with a well-timed and lovingly prepared home-cooked meal. In the same way she cared so deeply about the people of Metchosin and worked so tirelessly to capture important

news and stories as editor of *The Muse*, she also cared deeply about the wellbeing of our students and quietly provided pastoral care for them in her beautiful home. She gave our students from all over the world a taste of Canadian hospitality and embraced them as if they were her own.

We will all miss her deeply.

David Hawley, Head of College, Pearson College

truly miss you Val. *Betty Hildreth writes:* I will always treasure the time I've had with my keen-witted unflappable friend. Val was a special travel-mate, fellow volunteer, model of excellence, and an inspiration. I feel the loss deeply.

"Press-gang" extraordinaire

I met Valerie when Kathleen and I were invited by Berta Schmidt for tea one Sunday afternoon. Valerie and Charles were there as well, and we had a nice visit. I happened to mention that, given I had just retired, I was looking to finally give back to the community I had grown so fond

of, and I knew the *Muse* was always looking for help; I had a bit of experience writing and was a compulsive editor, so if the *Muse* could use me, I probably had some time. Imagine my surprise when the next issue came out, I read in the masthead on page two "Brian Domney - Associate

Editor"! I realized later that that was the way the lady worked. Once she decided on a course of action, it was all over.

I found Valerie to be a bright, decisive, determined and funny colleague. I'm going to miss her.

Brian Domney, Muse Co-editor



Valerie with husband Charles Priester, enjoying a meal at the Wickaninnish Inn.

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Charles and the Cochran family extend a special note of thanks to the many friends and neighbours who have helped in so many ways to make her life easier during these difficult times and also the staff at the Victoria Hospice whose kindness made her last few days so much bearable.

A celebration of Valerie's life will take place at the Metchosin Community House on Saturday, September 13 at 2:00 pm, 4430 Happy Valley Road, Metchosin; 250-478-5155.

In lieu of flowers, memorial donations may be made to the Valerie Cochran Memorial Fund at Pearson College.

Val's Parting Thoughts

*"Death is nothing at all,
I have only slipped away into the next room.
I am I, and you are you,
Whatever we were to each other, that we still are
Call me by my old familiar name,
Speak to me in the easy way which you always used.
Put no difference in your tone,
Wear no false air of solemnity or sorrow
Laugh as we always laughed at the little jokes we enjoyed together
Let my name be ever the household word that it always was,
Let it be spoken without effect.
Without a trace of shadow in it.
Life means all that it ever was.
There is unbroken continuity.
Why should I be out of mind because I am out of sight?
I am waiting for you,
For an interval.
Somewhere very near,
Just around the corner
All is well"*

— Henry Scott Holland



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Free Information Sessions: Home Security and Scams

The following FREE information sessions take place at the Metchosin Fire Hall.

How to Target Harden Your Home and Vehicle
October 8, 7:00 pm

SCAMS – What to Watch for and How to Protect Yourself
October 15, 7:00 pm

Everyone welcome. Refreshments will be served.

Safety and security sessions planned for Metchosin



DAVID RICHARDSON, HEALTHY COMMUNITIES CENTRE

The Seniors' Information and Resource Centre, in conjunction with the Healthy Communities Committee, the Metchosin Volunteer Fire Department, and West Shore RCMP, will host two information sessions on home security and scams, October 8 and 15.

Officers from West Shore RCMP will lead the sessions, which are open to all Metchosin residents, but especially important to seniors.

The October 8 session will focus on personal and home security and will include tips on how to secure your house when you are at home or away; what to do to avoid having your vehicle broken in to; the importance of monitoring suspicious activity and reporting it to your local police.

The October 15 session will cover frauds and scams, touching on current scams you need to be aware of, how to protect yourself and how to report it to police should you fall victim to a scam.

Both sessions will start at 7:00 pm in the Metchosin Fire Hall.

In addition to the presentation by the RCMP, the October 15 session will feature an entertaining and informative skit about computer scams by the group Target Theatre.

Both presentations will be forty-five minutes in length with ample time allocated to questions and answers.

How effective are driveway gates? Do alarm systems work in rural areas? Do I have serial or identification numbers for all my valuable belongings?

How do I prepare my home if I am going to be away? What is the typical police response time for Metchosin?

If you have wondered about these things, or if you are concerned about the increase in identity theft and scams, please come to the Fire Hall October 8 and 15 at 7:00 pm. Refreshments will be served.

Did you know?

In 2013, RCMP responded to 763 calls for service in Metchosin, a 12% decrease from 2012. Property crime accounts for between 50–70% of all RCMP files for the West Shore.

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COUNCIL NEWS

SEPTEMBER 2014

METCHOSIN DAY, SUNDAY, SEPTEMBER 7, 2014

This is Metchosin's day of celebration which seems to grow every year, culminating with a Lamb and Salmon Barbecue, the whole event staged by volunteers. If you can spare a couple of hours, half a day, or even the whole day, to assist in making this annual event a roaring success, please call Mary Gidney at 250-474-6145, or email mgudbet@shaw.ca.

CANDIDATE NOMINATION PACKAGES NOW AVAILABLE

If you or someone you know may be interested in running for the office of mayor or councillor in the November general Metchosin election, please drop in to the Municipal Hall to pick up a candidate nomination package. Deadline for handing in nomination packages to the Municipal Hall is October 10, 2014 at 4:00 pm. For more information, contact Tammie at the Municipal Hall at 250-474-3167.

RECYCLE USED COOKING OIL

The District of Metchosin has partnered with Cowichan Energy Alternatives in supplying a container that may be used by residents to dispose of used cooking oil in order that it may be recycled into an environmentally friendly biofuel. Please bring the oil in sealed plastic or metal containers, not glass. You may drop off your used cooking oil at the far end of the public works yard during municipal office hours (Monday to Friday, 8:00 am until 4:00 pm). For further information please refer to www.bcbiofuel.org or contact the municipal office at 250-474-3167.

RESIDENTIAL YARD BURNING

Residential yard and incinerator burning remains closed until the rainy weather arrives. Please check www.metchosin.ca for updated burning information or call the Fire Department at 250-478-1307 before you burn.

DRIVEWAY CULVERT MAINTENANCE

With fall coming, residents are reminded to clear driveway culverts of debris to help prevent flooding. It is also property owners' responsibility to ensure that water and gravel from their driveway does not enter onto the roadway. A permit is required to undertake any work on the municipal roadway, including installation of driveways and culverts (but not clearing of culverts).

COUNCIL SEEKS ADVISORY COMMITTEE VOLUNTEERS

Are you interested in the Heritage of Metchosin or do you have experience with environmental issues? The Metchosin Heritage Advisory Select Committee and Metchosin Environmental Advisory Select Committee need new volunteers. If you're interested, please submit a letter of interest to the Municipal Hall addressed to Mayor and Council.

Did You Lose Your Rollerblades? A set of rollerblades has been left outside the Municipal Office. Please call if they are yours.

For more information, contact the Metchosin Municipal Hall.

Metchosin Municipal Hall | www.metchosin.ca | 250-474-3167 | info@metchosin.ca

Looking to move forward

A conversation with the new MCA President, Bob Burgis

JOHNNY CARLINE

The Metchosin Community Association (MCA) is looking to the future under its newly elected Board of Directors and new President Bob Burgis. Buoyed by the success of its 2014 Service Auction and Garage Sale, both of which set new records, the MCA is looking to expand its membership and activities in 2014/2015.

We asked the new president to comment on the role of the MCA: "The MCA is, of course, just one of a number of Metchosin community volunteer groups which organize activities and deliver services. They are all terrific and together they help make Metchosin the wonderful community it is. But the MCA is special in that it maintains the Metchosin Community House right in the heart of the village. It is like a mini-community centre and is the foundation for everything else that we do".

So what does the MCA do? "First, we run some programs for the community. The Parents and Tots program is one good example. We recently received a very moving letter from one of the moms who was new to the community and had been struggling to make connections. Then she joined the Parents and Tots program and found other moms in similar situations to hers. She told us it was not just a great program for the kids, it was a route to new friendships and meaningful mutual support when the moms needed it. It's an example of how the MCA serves to welcome new community members as well as serve longstanding ones."

"The second thing we do is act as an incubator for groups wanting to start new activities. They start as MCA programs but then become self-organized, after which we are simply providing a venue for them if that is necessary. The Knitting Café is one example of how that worked. On a bigger scale, we also had a similar role in helping launch the Seniors Resource



MCA president Bob Burgis giving immediate past president Jim Challenger his appreciation gift.

Information Centre, which is now just across the street."

"Thirdly, in a similar manner, we provide a venue for groups who approach us wanting to hold meetings or activities in a convenient and comfortable space in the centre of the community. These range from a local book club to the Vancouver Island Health Authority."

"And fourthly we look for, host and promote specific activities that draw the community together, often to learn about something they might be interested in. This can range from the latest thing happening in space to how to make really good marmalade without using pectin."

So why should anyone join the MCA? "For as little as ten bucks, you get linked in to all the activities the MCA coordinates. You get constantly updated information of what is going on and the opportunity both to participate and to help shape what those activities will look like in the future."

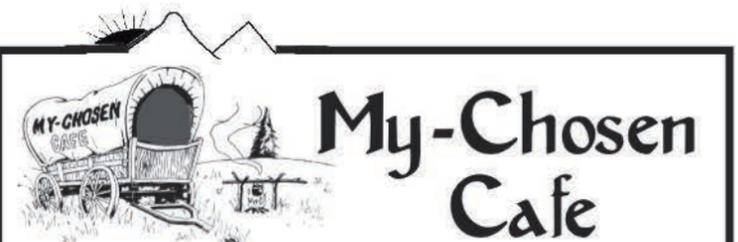
And MCA plans for the future? "We have built a really solid foundation with our current facility and programs, and the success of our two main fundraisers, the Services Auction and the Mighty Garage Sale, leads us to believe the community likes what we are trying to do. So now we want to expand

our membership. Ultimately I would like to see every household in Metchosin be a member, but one step at a time. Our first target is to double our membership in the next two years and we are asking every new member, as well as our returning members, to give us their ideas of what new activities they would be interested in supporting if the MCA were to initiate them."

Bob clearly brims with enthusiasm for the MCA and its future and is delighted that the rest of the MCA Board feels the same way. "We all know that Metchosin is a wonderful community because of the engagement of its residents," says Bob, "and we can just see, feel and taste the opportunities to grow that sense of community with more people engaging in more community activities through the MCA."

And with an inviting smile he adds: "Come join us. It's fun. And we will all have a better community if you do."

If you want to take Bob up on his invitation, or just find out more about the MCA and its activities, call 250-478-5155, or email mcahouse@telus.net. The MCA website can be found at www.metchosincommunityhouse.com.



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Registration Night: Monday, September 8

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For further information
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or
Shelly Donaldson
250-474-7303



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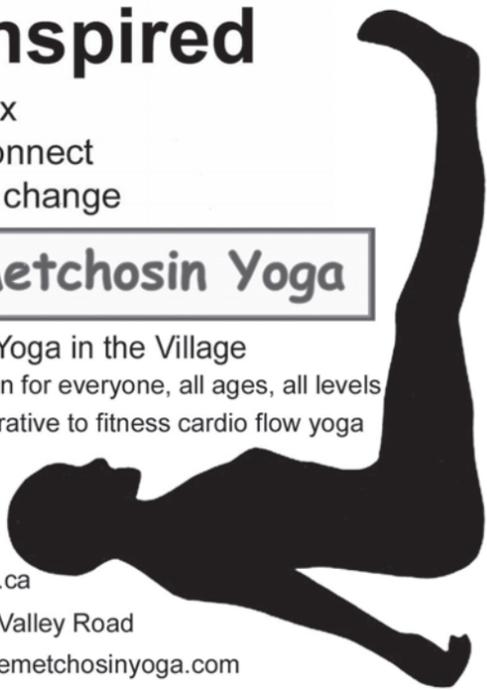
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St. Mary's Blackberry Festival

Saturday October 4, 10:00 am–3:00 pm

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November 15
2014



The Rural Gardener

By Isabel Tipton

To begin, I would like to send sympathy and condolences to Charles, and all those associated with the *Muse* – we will miss Valerie Cochran for her unfailing support and help. Both Charles and the *Muse* will doubtless carry on, but life will not be the same.

One of the disadvantages of writing for a monthly publication is that the deadline is two weeks before you read this, so weather-related columns are frequently so out of date as to be ludicrous. However, I will chance it. We are in the midst of drought, which seems to get more severe as each summer arrives. Ours is described as a "modified Mediterranean" climate – wet winters, dry summers. Our climatic zone is 8, *Sunset* zone 5. Don't ask me why *Sunset* magazine and books decided to go their own way; they are from California after all.

We should be grouping our plants according to water needs, those wanting a lot of water together so that we aren't spot watering over the entire garden. This is fairly simple, but when you start factoring in the preferences of the deer, the prevailing wind and the requirements of the gardener who gardens for the view, life gets complicated.

As a lot of you know, I garden outside the area serviced by city water. We have a shallow well and a pump in the basement. This was one of my specifications for moving. I have vivid memories of sliding up and down the creekbank for buckets of water to prime the pump, with the wind howling and the sleet coming sideways. The pumphouse was at the top of the creekbank, never again.

Our current system has plenty of water. It is a spring and the water is wonderful, but two hoses at the same time will draw water faster than the flow rate – surely you don't have to ask how I know this.

I have resolved my problems by buying two timers from Lee Valley and running

them at night, with two hours between them to give the pump a rest. This works, and so far no problems. I have to bring the timers in before frost, and remove the batteries for the winter. I have been getting two summers out of a nine volt battery. Sprinklers have been another irritant; our pump is set to kick in at twenty-five psi (pounds per square inch) and off at forty-five psi. Most sprinklers, if you read the fine print, like sixty psi. Back and forth sprinklers work for a couple of months, then find a comfortable spot and stay there; the old Rainbirds have had their springs give out, and the mist-headed ones don't really cover enough area for a large garden; it takes about ten nights to get around. So this year I have bought two sets of Lee Valley's best recommendation for my problems: two sprinklers with fifteen feet of hose between them. So far, so good – I bought one with a gift certificate, and two weeks later spent \$53 on a second set. They work, they cover the ground, and the plants are happy. And the garden is so packed that the plant budget doesn't get spent as I have to part with something if I want space to plant a new one.

The gurus say lawns need an inch a week to stay green. I don't water the lawn unless there is a crawling-age child that visits regularly, so the beds get about that amount of water. Remedial spot watering is sometimes necessary as I see a plant obviously suffering, but deep watering once a week will keep most happy. I water the treasures on the deck daily in the summer, and have simply given up on hanging baskets, as the wind dries them out in about two hours here. If I felt incomplete without them I would install an automatic system, but the well is fine so far and I don't like to push my luck any more.

I am not sure if Down To Earth, the garden centre on the corner of Happy Valley Road and Derrien Place, has had a website for a long time,

or I have just gotten on their mailing list, but they offer interesting workshops right here in Metchosin (www.downtoearthgardensandnursery.com). They have interesting articles and a link to the Master Gardeners site. As I have said before, if we do not support our local nurseries we won't have them, and the big box stores will be our only source of plants and advice. I should insert a disclaimer – any sources I mention are for your information only; I do not have sponsors or anything of the sort! I get the garden club discount, these days because of the Fruit Testers and the Victoria Horticultural society. If I mention a nursery or a supplier, it is because I have found it reliable and the staff knowledgeable.

My latest deer story features the four deer that live here, and consider my flower beds their personal salad bar. They generally sleep across the creek, or down beside it on hot nights. My son John mows a lot of lawns, and grass clippings get fed to the chickens or put in our compost if he knows the homeowners don't use chemicals on the lawn. If he is uncertain or if morning glory is anywhere near, he puts the clippings deep in the woods where there is not enough light to have anything grow. A few weeks ago he had a truckload of mixed leaves and grass that he put in a hole or two in the belt of trees between the lawn and the Galloping Goose that borders our property. A couple of mornings later he was walking out to the Goose, and there in the gently composting stuff were all four deer, with presumably the covers pulled up to their chinny chin chins. He said one stood up, the rest continued their naps.

Keep weeding and watering till the rains start; see you in November.

The Changing Face of the EOC Building

CRAIG BARLOW

If you have been reading the *Muse* regularly over the past few years or so, you will have noticed that the Metchosin Emergency Program (MEP) has been busy keeping the community informed on our emergency preparedness and providing important information and advice on how you can keep your family, pets, farm animals and property safe from harm during a local emergency such as a fire, tsunami or earthquake.

The MEP has also been very busy behind the scenes training and improving our own organizational planning/preparedness and facilities to ensure we can respond to a local emergency in as timely a manner as possible. For example, the upper floor of the Emergency Operations Centre (EOC) building houses our communications equipment (hence the huge antennae) so we are not completely reliant on the "land line" phone network during a major incident. Also, the upper floor has been reconfigured to function as our Operations Centre from which all emergency management and planning is coordinated. In here, several volunteers with the MEP will support the Emergency Program Coordinator in many important ways including community outreach support through the Emergency and Social Services, logistical and planning support to the incident response team, and (again) ensuring we have open radio communication to the world within, and beyond, the Metchosin boundaries.

The ground floor of the EOC building contains all of the community's response equipment including food, shelters, emergency response equipment, etc. As well, Metchosin Search and Rescue (MSAR) occupies a portion of the lower floor to store their emergency response Command Trailer and associated equipment.

The look of the EOC is about to undergo a bit of a transformation. For long-time Metchosin residents, you will know that the EOC building is a remnant of the old Municipal Hall building. When the new Municipal Hall was constructed in the mid-1990s, the old Municipal Hall building was dismantled and relocated to its present location, becoming the EOC. It has remained substantially unchanged ever since. Over the years, the MEP has expanded in many ways to provide better response and support to the community in times of need. This, in part, fulfills a requirement mandated by the Province that all local governments must have current emergency planning and response protocols in place. In doing so, the space has become undersized to accommodate the many needs of the MEP.

In September, shortly after Metchosin Day, work will begin on the construction of an attached garage, thereby expanding the space available to the EOC and MEP. This garage will allow a reconfiguration of the existing downstairs storage area to provide additional emergency preparedness equipment storage. The new garage will sit on the existing concrete pad in front of the double garage doors.

The first tenant of the garage space will be MSAR. The new garage will allow for secure

Metchosin
Emergency Program
EOC GARAGE EXTENSION
Akiakōt 2014



storage of both their command trailer and newly acquired command vehicle graciously donated by the Municipality. Currently, MSAR is unable to efficiently utilize the new vehicle while it is parked in the unsecured location outside of the EOC. Secure parking will allow SAR to more fully gear out the command vehicle as envisioned, allowing for more immediate response to local emergencies and SAR call outs in Metchosin and throughout the CRD.

The MEP has been working for several months to develop a design which will augment the existing building both structurally and aesthetically (see rendering). Approximately two thirds of the total construction costs will be borne by the District. To offset the remaining one third of the total cost, and reduce the cost to our community, additional financial and in-kind contributions will be provided by the MEP, MSAR, Metchosin Fire Department, community members, volunteer technical services, etc. This will hopefully include donated equipment and building material from the community and suppliers.

What you will see over the coming months is a small construction site populated primarily by volunteers from the MEP, Municipal workers and equipment, community volunteers, and even members of the William Head Penitentiary trades program. Our goal is to get the garage to "lock up" by November of this year so it can be fully utilized as soon as possible. As municipal fiscal funding allocations become available, other finishing details will be completed over the subsequent two years including electrical, exterior and interior finishing and storage reconfiguration.

If you are able to contribute to the project in any way to help us along, the MEP would humbly accept anything you can offer that is needed. This may include some of your time to assist in construction, contribution of trades expertise, equipment services and donations of construction materials. In this regard, if you have dimension construction materials (e.g. full length clean lumber and plywood), quantities of unused common nails for framing, or a spool of wiring that meets current building codes for electrical installations that you are no longer in need of and willing to donate, please contact the MEP at firechief@metchosinfire.ca or 250-478-1307. We will have someone drop by to ensure it is suitable for our needs. If so, we will be happy to help you clear out some unused materials and put it to good use.



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Metchosin TOPS bids farewell to Anna Lewis at a going away party in her honour.

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Metchosin Day Competitions

Sunday, September 7, 2014

Every Metchosin Day for the past twenty-one years has included four competitions – Veggie and Produce, Baking, Photography, and the Pet Show. These have become an annual institution. Listed hereunder are the details for this year's competitions, together with relevant contact telephone numbers if you need more information.

Please do consider entering one or all of these annual challenges to the citizens of Metchosin!

Pie and Cake Contests

Held in the Metchosin Council Chamber

Judges: Heather Chown (Wit's End Catering) and Mary Gidney (Home Economist)

PIE CONTEST

1st, 2nd and 3rd place ribbons awarded for each category.

Categories: Apple, Berry, Fruit, Mixed Fruit, Exotic Pie (e.g., nut).

All pies are to be made from scratch in homemade crust.

Rosettes will be awarded for Best/Reserve Best Pie in Show and Prettiest Pie in show, and for Pie Bakers Under Twelve and Thirteen to Sixteen in the listed categories.

CAKE CONTEST

1st, 2nd and 3rd place ribbons awarded for each category.

Cake Categories: Butter Cakes (white, spice, yellow), Egg Cakes (chiffon, sponge, angel food), Specialty Cakes (fresh or dried fruit, nut), Chocolate Cakes.

All cakes are to be made from scratch and decorated or iced.

Rosettes will be awarded for Best/Reserve Best Cake in Show and Best/Reserve Best Decorated Cake, and for Cake Bakers Under Twelve and Thirteen to Sixteen in the listed categories.

Please deliver pies and cakes directly to the Municipal Hall Council Chamber between 9:30 and 11:30 am on Metchosin Day. Mark your name and phone number on the bottom of your baking dish, plus your age if you are sixteen or under.

Prizes will be awarded at 1:00 pm, immediately after the judging. Please try to be present at this time to receive your prize and be photographed for the *Muse*.

TAKE HOME BEST OF SHOW PIE OR CAKE.

Best Cake and Best Pie of the show will be raffled off. Purchase \$2 draw tickets any time during the day; the draw will be held at 4:00 pm.

All other pies and cakes will be for sale for \$3 per slice at the BBQ Dinner.

For more information call Betty at 250-474-1865.

Produce & Veggie Contest

Held in the Metchosin Council Chamber.

Judges: Mayor John Ranns, Cheryl Ranns and Derek Wulff

Join the "grow local" revolution and take part in the Metchosin Day produce contest. Ribbons for 1st, 2nd and 3rd places. No pre-entry needed.

Just drop off specimens at Metchosin Council Chamber between 9:00 and 11:30 am on Metchosin Day. Produce should be entered in the categories specified below. Bring a paper plate to display

produce and write your name, address and telephone number and any special information about variety, especially heritage variety; include age if you are a junior entry. Judging will take place between noon and 1:00 pm. Special ribbons are given for children's categories of under twelve, and for thirteen to sixteen.

Heritage varieties are MOST welcome at the festival. Happy Growing!

Vegetables

Peas, shell/snap – Six pods
Pole Beans – Three specimens
Cauliflower – One head
Broccoli – One head
Beets – Three only
Carrots – bunch of three tied with tops
Corn, Sweet – Three cobs, one stripped
Garlic – Three bulbs
Onions – Three specimens
Peppers, Hot, names – Three specimens
Radishes – Three specimens
Tomatoes, stems on, named – Three only
Tomatoes, Cherry, any colour – Three only
Squash, named variety – One specimen
Giant Pumpkin/Squash, named – One only
Longest Bean – One specimen
Longest Carrot – One specimen
Longest Zucchini
Largest Sunflower head – One-foot stem
Largest Potato – One only
Weirdest looking vegetable – One only

Fruit

Apples, named variety – Five only
Pears, named variety – Five only
Plums and prunes – Five only
Blackberries – Five only
Melon, named variety – One only



Determined-looking sheep dog demonstrating its stuff at Metchosin Day 2013.

Other

Cut Flower Arrangement – in a vase
Vegetable Basket Assortment – representing a farm or garden
Preserves
Jams and Jellies

Note: These will be judged on appearance only.

If you have any questions, please contact Jennifer at 250-881-8280.

Pet Show

Held on the Village Green in front of the Pavilion

Chief Judge: Violaine Mitchell with Special Guest Judges!

At the Metchosin Day Pet Show, everyone is a winner!

Bring your cat(s), dog(s) (large, medium, and small), bird(s), hamster(s), chicken(s), guinea pig(s), rabbit(s), rat(s), frog(s) and ?

Classes include: happiest, cutest, longest hair, loudest bark, nicest purr, longest tail, smoothest coat, best trick, etc.

Special prizes for:

- Best in Show
- Best Costume (your pet's, not yours!)
- Most Unusual Pet
- Most Rural Pet

Please assemble with your pet on the new Village Green by the Municipal Hall at 10:45 am. Judging begins at 11:00 am.

For more information, call Frank at 250-478-1671.

Photography Competition

Organized by Metchosin Arts & Cultural Association, and held in the Metchosin Community House

Judges: Tony Austin and Peter Lewis

Sponsored by Old Style Repair, 2702 Sooke Road, offering technology of today with service of yesterday

Categories:

- SCENERY (Local/Vancouver Island)
- TRAVEL (Abroad)
- ANIMALS
- PEOPLE
- ABSTRACT
- MONTAGES (theme collections mounted on a page)
- BLACK AND WHITE PHOTOGRAPHY

- Ribbons awarded in each Category
- Special Awards for Young Photographers aged Eleven to Sixteen inclusive, and Ten and Under

Entries:

- 1) *Eligibility:* Photos of Metchosin (by anyone) or Photos of Anything by Metchosin residents.
- 2) *Presentation:* photos can be any size, but must be framed and ready to hang.
- 3) *To Enter:* Please leave your photos at the Metchosin Community House (open Monday through Friday, 9:00 am to 1:00 pm), or at the Municipal Offices during office hours, deadline 4 pm on Friday, September 5. **No late entries accepted.**
- 4) *Identification:* Please put a label on the back of your entry photo with your name, age (if sixteen and under, and eligible for Young Persons Awards), Title of Photo, Address and Telephone Number.

Labels are available at the Community House and the Municipal Hall and can be completed when you drop off your entry.

Limit of three entries per contestant. **Photos will be on display at the Community House from 11:00 am to 4:30 pm on Metchosin Day.** They can be collected that day, or the following week.

For more information, call Art at 250-474-3346.



Morris dancers from Island Thyme (foreground) and Quicksbottom (background) share their ancient dance every year at Metchosin Day.

Metchosin Day Equestrian Events – Horses Galore

The Metchosin Equestrian Society has a great day planned with events in the Metchosin Riding Ring.

We will have Horse Breed Demonstrations, such as Minis, Canadian, Quarter Horse, Rocky Mountain Horse, Arabian, Fjord and Andalusia.

We will have the Mainstream Vaulters again this year, who always bring in a great crowd. In addition we will have local trainers and coaches performing throughout the day.

To end the day, we will have “Tallina” the Wonder Horse and “Dandy” the Wonder Pony. All the events run from 10:00 am until 3:30 pm. The full schedule of events for the Riding Ring will be posted on the Metchosin Day website.

A concession stand will be there with hot and cold items.

METCHOSIN
MEMORY
JOG



Act Your Age! Metchosin Memory Jog

Come out and support seniors in Metchosin by participating or sponsoring a participant in the annual **Metchosin Day 5K Run/Walk on Sunday, September 7 at 8:00 am.**

It's the main fundraiser for SIRC (Metchosin Seniors Information and Resource Centre) and it funds services that help seniors age actively in our community.

What to do?

Register for the run/walk, and collect pledges. A pledge form is available on the SIRC website at this address:

<http://metchosinSeniors.ca/>

OR

Support a participant in the run/walk, donating money based on their commitment to start the race, get part way, or finish!

If you want to pledge, but don't know a runner, contact SIRC and we will connect you!

OR

Just make a donation to SIRC!

You could win a prize! The participant with the greatest amount of pledges will win a stunning e-reader!

Submit your pledge forms by **September 5 at 5:00 pm** and you will be entered in a draw for two tickets to the awesome salmon/lamb BBQ at Metchosin Day!

Run/walk registration forms are available at the Metchosin Country Store, Frontrunners Westshore and SIRC, or online at <http://www.raceonline.ca/events/>.



Pearson College students Gumboot dancing at last year's Metchosin Day.

Hints to the Correspondents of the *AYR ADVERTISER.*

SUBMITTED BY BRIAN DOMNEY

Editor's Note: The following is the 1890 version of a Style Guide sent to those submitting articles for the *Ayr Advertiser*, in Ayr, Ayrshire, Scotland. J.D. Reid, who purchased Glen Rosa in 1895 (now owned by Peter and Jane Hammond), was a regular correspondent for the *Ayr Advertiser*. Although it clearly reflects the time (the late nineteenth century), it also has some information at the end that applies today with the *Muse*.

A Letter is expected EVERY WEEK to arrive in Ayr not later than Wednesday morning; while important occurrences happening after the weekly letter is written out, or despatched, may be reported as a second letter.

It is thought that, even in Districts the most barren of intelligence, a Correspondent can have no difficulty in furnishing, every week, at least a few short paragraphs on some of the topics undermentioned, viz:-

The Trade of the District – Number and Wages of Workmen – Particulars as to Supply, Demand, and Prices – any new Openings for Trade, or new Branch of Business, or Improvements of any kind whatever, introduced, &c.

Progress of the Crops at the different seasons; giving particulars as to the state of Labour, quality of Grain, Yield, ascertained from the milling, and Price of Produce in the District – Ploughing Competitions – Cattle Shows – Experiments with new Implements, Manures, &c. – Produce of New Varieties of Seeds or Plants – any extraordinary cases of Prolific produce – Rents of Fields let by Roup – Prices of Grain and Stock at Rroups – Average Wages of Farm Servants and Reapers.

Fairs – the number and Average Prices of each description of Cattle shown – Reasons that affect the Prices – the Prices compared with those at other Fairs that happened recently, and mention any Fairs close at hand, if the prospect of them affects the tone of Business.

Gardening – Horticultural and Floricultural Notices – Remarkable Vegetables, Fruits, and Flowers – Experiments – Crops, abundant or otherwise – Horticultural Competitions, &c.

Ecclesiastical and Educational Intelligence – New Churches or Schools opened – Calls – Ordinations – Translations – Public Sermons, with the Preachers' Names – the objects and amounts of Collections – Management of the Poor – Bequests – Donations – Number of Schools and Pupils – Examination of Schools.

State of the Weather – Floods, their effects – Shipwrecks, &c.

Ice-playing – Quoiting – Bowling – Hunting – Coursing – Racing and Sports of all kinds &c.

Descriptions of remarkable persons living or recently deceased.

Antiquities of all kinds – Statistics – Curious and interesting Anecdotes.

Brief Reports of Public Meetings – Lectures – Dinners – Rejoicings, &c.

Incidents of every description (sic) – Tales – Legends, &c.

News gleaned from Strangers as to Agriculture, Trade, &c., in other quarters; Incidents, &c.

Births, Deaths, Marriages, Accidents, Offences, &c., &c., &c.

Write legibly – and on only one side of the paper. Make as few erasures and interlineations as possible. In writing names of persons and places be more particular than usual to make every letter distinct and clear, – also in using quotations and words not English. Employ no abbreviations whatever but write out every word in full. Address

communication not any particular person, but “To the Editor of the Advertiser, Ayr”. Finally, when you sit down to write, don't be in a hurry. Consider that hurried writing makes slow printing.

If your communication should be abridged, or omitted altogether, depend upon it there is a good reason for this liberty being taken. Indeed, although the contribution may be most acceptable, it will occasionally happened that, from want of room or time, prior claims upon the space, late Advertisements, &c., delay may be inevitable.

Notice any improvement made by the Editor; and in future communications study to leave him as little cause as possible to make alterations.

Submissions to the *Metchosin Muse*:

SUBMISSION DEADLINE AND HOW TO SEND COPY
The 15th of each month. Please send copy as an email attachment using Microsoft Word, text or RTF to: metmuse@shaw.ca. Typewritten or handwritten copy is acceptable if you have no access to a computer. Do not send PDF as it does not convert properly. Leave hard copies of articles not sent via email in the *Muse* box at the Metchosin Country Store or fax to 250-483-5352.

A Note on Images for the Muse: Images supplied should be high resolution. Photographs should be at least 300 dpi (dots per inch) at the size they are to be reproduced. Drawings and advertisements (line art) should be submitted at a minimum of 600 dpi at the size they are to appear, or as a print-ready PDF. Photographs taken with a cell phone or similar are unlikely to be suitable. Using software to change a low-resolution image into a high resolution image will not improve the image when in print.



Knitting Café Celebrates Laura Farquharson's Eightieth Birthday

NANCÉ MAKI

Laura Farquharson was away on vacation for her birthday, so on July 22, at the last gathering of the Knitting Café for the summer, a number of Laura's intrepid Tuesday knitters surprised her with a beautifully decorated cake in the knitting theme to commemorate her eightieth birthday.

Laura is an inspiration to us all and has made the Knitting Café a happy venue for newbie knitters as well as those with amazing talent and many years of experience. The evening group meets at 7:00 pm on the first and third Mondays of each month and the afternoon group gathers at 1:00 pm every second and fourth Tuesday of the month (except August).

Happy Birthday, Laura!



Metchosin Foundation Report

CAROL CARMEN

Please visit us at our Metchosin Day booth on September 7 to hear first-hand about the Metchosin Foundation, whether your interests are in healthy lands, healthy waters or a healthy, caring community. The activities and achievements of the Foundation over this past year have been innovative, fun, practical and of long-lasting benefit to our community. Environmental projects such as nature covenants and the Metchosin Bio-Blitz, community development and education are all key components of our work.

Conservation Covenants

Many people in Metchosin and surrounding communities care deeply about the environmental values of their properties and are eager to protect the integrity of the natural environment on their land for future generations. In March of 2014, a unique ten acres of land on Blinkhorn Mountain called *Ty Mynydd* which belongs to Mac, Norma and Matt Elrod, became the Foundation's first conservation covenant since its establishment in 2009. The stand of Garry oaks and the forest of old-growth fir that provide cover for bears and cougars will all now have

their environment setting protected in perpetuity. The Habitat Acquisition Trust (HAT) and the Garry Oak Meadow Preservation Society (GOMPS) are partners in this conservation trust. Work on a second covenant is underway on land bordering Langford and Metchosin, with the baseline species survey already completed.

Halloween Dance – Saturday, October 25

Mark your calendars for this annual event at the Metchosin Community Hall. It features the music of the local band Fine Spirits. Some of the costumes in past years have been truly stellar, and we expect this year to be no different. The suggested theme is Prom Queens and Greasers. Please come, have a good time and bring your friends. This event is the Foundation's main fundraiser for the year.

Apple Fest – Sunday, October 5

Join us at the Metchosin Community House from 11:00 am to 3:00 pm for this annual celebration. Last year hundreds of people joined us. The festival highlights everything to do with our local apples,

including identifying, tasting, pressing, saucing, baking, and of course, for the kids, apple hurling. This year will be the "bees knees" as beekeeper Derek Wulff will be featuring his honey bees and Bob Mitchell will present Power-Point slides about bees and the unique extras that come with them, such as beeswax soaps and exotic hive extracts. Bring the family and join us for this Metchosin Foundation "foodie-fundraiser."

Wills and Estate Planning Seminar

Many Metchosinites have questions about topics such as financial planning, powers of attorney and representation agreements. The Foundation will sponsor a free seminar during the week of November 10 at which legal experts from the firm MacIsaac and MacIsaac will do a presentation and field your questions. Watch the next Muse for details of time and place.

For further information about Metchosin Foundation activities, please see our website at metchosinfoundation.ca or email us at metchosinfoundation@gmail.com.

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Death Pipes

MORALEA MILNE

Some of the great delights of summer are road trips with my family, exploring new destinations or revisiting favourite haunts. This year my daughter Gala and I retraced our timeworn steps back to a long ago home in Rock Creek in the Southern Interior. A five-hour drive was stretched to ten hours as we poked along the highway, Gala looking in thrift stores, and me, stopping at likely butterfly sighting locations, both of us enjoying the other's priorities.

It was at one of the butterfly stops (at Strawberry Flats in Manning Park) that Gala spotted what seemed like an innocuous white PVC pipe sticking up from the ground, surrounded by nectar-laden wildflowers and a plethora of butterfly species.

However, it was not such an idyllic sight within the pipe. A terrified vole was intermittently running around and around or cowering in what passed for a corner in the round, smooth-sided, death trap. For that is what the pipe was, a hideous chamber of horrors, with multiple skulls and skeletons of former victims. "Gala to the Rescue," she lifted the terrified creature out of the pipe and after a moment of mutual admiration and a photo op, the now lucky vole found its way back into the bush. We filled the pipe with twigs and branches so that, hopefully, this could not happen again, at least in this location.

Later, as we cycled the Kettle Valley Trail, we found another, even larger, hell-hole. This one was a wide, four- or five-foot diameter, cement well ring, maybe six to eight feet deep that was the final resting place for a large mammal. I'm not a forensic expert, so large mammal is as close as I can get in describing the remains of an animal that slowly starved to death within that cement tomb. This one we tried to fill with large branches and even a small tree that had fallen over.

We're not the only ones who find these disturbing graveyards. According to a paper put out by Audubon California, one fallen irrigation pipe (6 in diameter x 10 ft) in California was discovered to have over 200 dead birds plus other small animals within it. In Nevada it became such a known problem that they passed a law that called for

the removal of all PVC mine markers. However it is not just uncovered well rings and PVC pipes that are a danger, any open top vertical pipe can be a death trap.

Do you have an unscreened chimney or vent on your roof or protruding from the side of your house? Birds cannot climb out of these, be they PVC, steel or rusting metal. Even pipes leaning against a wall for a few days can cause the death of a curious bird. And it is not just large diameter pipes; ones as narrow as 1.5 inches (about four centimetres) are implicated in this slaughter, even the steel pipe used for fence posts. This is a slow, silent, hideous death that is preventable.

Please check your homes and around your yards to make sure that you are not contributing to the problem. I'll be calling BC Parks to make my voice heard about their uncapped pipes that must be found and capped or removed. And I urge everyone to keep your eyes open when hiking. Either uproot any uncapped pipes, or, if not possible, find a way to make them less dangerous by filling with twigs, sand, rocks and branches, or covering with whatever is heavy and at hand.

It is often difficult to believe we can make a difference in the myriad battles and injustices that we see around us. Reducing the mortality that death pipes can cause is a step we can all take. The wild creatures of the world will thank you.

Knot on My Property – Aggressive Regional Program Tackles Invasive Knotweed

COASTAL INVASIVE SPECIES COMMITTEE/CAPITAL REGION INVASIVE SPECIES PARTNERSHIP

Considered one of the world's worst plant invaders, bamboo-like, highly aggressive knotweeds are large, hollow stemmed shrubs that form large stands and destroy fish and wildlife habitat. Knotweed is now in our region. Knotweed roots can penetrate pavement and damage infrastructure such as roads, foundations, walls, drainage and septic systems. In Britain, knotweed grows rampantly causing severe financial implications, including mortgage refusal on properties with knotweed. Knotweed occurrences in the Capital Region are currently sporadic, and with the help of the public, eradication may still be possible.

The Capital Region Invasive Species Partnership (CRISP) has announced the launch of the 2014 regional knotweed control program to eradicate invasive knotweeds from the Capital Region, before they take hold. The program has run successfully for the past two summers and aims to treat all knotweed reports in the region. A free service of professionally conducted stem injection treatment is available from now until early fall. "In neighbouring regions, it is already too late," warns Becky Brown, Invasive Plant Specialist with the BC government. "These plants are capable of growing through four feet of concrete and can reproduce from a fragment no larger than the size of your small finger nail."

CRISP seeks the assistance of the public to report all outbreaks of knotweed. If you suspect you have knotweed on your property, or



notice it in other locations (public or private), please report to the Coastal Invasive Species Committee (email info@coastalisc.com or call 250-857-2472). Do NOT dig or compost any portion of the plant, as even fragments can regrow. Cutting, mowing, or pulling stimulates shoot growth and may cause roots to spread further resulting in new infestations up to twenty metres away.

"Knotweed is a bully in the plant world. It's an invasive and aggressive plant that spreads easily and can impact property values, the environment and cause safety issues on roadways. Look for www.knotonmyproperty.com to learn more ways to defend your property from invasion," explains Rachelle McElroy, Executive Director of the Coastal ISC.

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outdoors and contribute to a healthier environment at the same time. Join other Canadians this fall for the Vancouver Aquarium and WWF's Great Canadian Shoreline Cleanup, presented by Loblaw Companies Limited, and clean a shoreline in your community.

- Register during the National Cleanup Week from September 20-28, 2014 or host a cleanup any other day in September through October.
- River, stream, creek, marsh, pond, lake or ocean ... litter is found on all types of all shorelines!

For more information on this program, visit ShorelineCleanup.ca; we can tackle shoreline litter together. If you have questions about participating, we're happy to help and would love to hear from you. Send an email to shorelinecleanup@vanaqua.org or reach us by phone at 1-877-427-2422.

Seen you on the shorelines!

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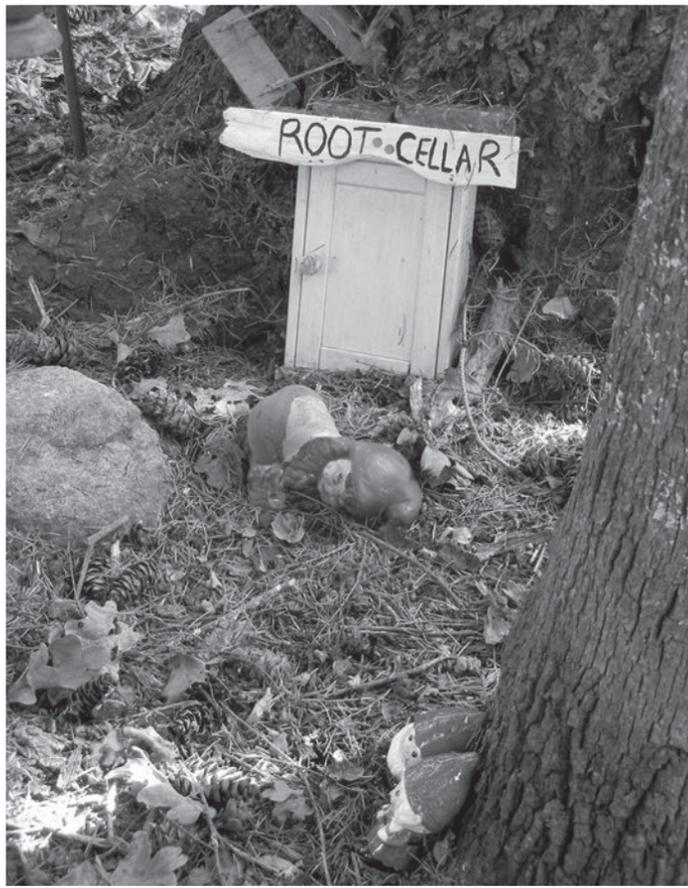
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Where Is It?

In Metchosin, it's not unusual to come across something a little different. With its history and diverse population, this is a great place to find unique stuff, whether object or place.

The *Muse* hopes to pull some of these treasures out of Metchosin's closet for your enjoyment. **If you can identify the location in the photo below, send an email to the editor at metmuse@shaw.ca.** The sender of the first email received that correctly identifies the place or thing will get a free regular coffee, compliments of the Broken Paddle Coffee House; we'll let them know to expect you!



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The Only Planet Cabaret Comes to Metchosin

MURRAY REISS

It's been forty-four years since the first Earth Day and the oceans are more acidic than ever, more species have gone extinct more rapidly than ever before, and carbon levels in the atmosphere have shot up above 400 parts per million. So, The Only Planet Cabaret says ... It's time to unleash the Power of Poetry and Song!

The Only Planet Cabaret is a unique collaboration between five Salt Spring Island writers, performers, musicians and activists, who bring together passionate singing and songwriting, intimate story-telling, penetrating performance poetry and exuberant musical theatre. It's all woven into a running commentary on current environmental crises that gives voice to our unspoken fears and doubts, hopes and inner strengths.

In the course of the performance, hope meets denial; despair meets awestruck wonder; and complacency meets commitment. You will find yourself taken on a journey full of questions where the only answers are the ones you discover for yourself.

In a style all their own, that's been described as "Edith Piaf meets David Suzuki and Stan Rogers meets the Kinder-Morgan Pipeline", the Cabaret combines original

material with rewritten and repurposed show tunes, folk songs and rock 'n' roll to raise spirits and encourage engagement with the many challenges we face.

"We've all gone to meetings," one member reflects, "where speaker after speaker reminds us of just how desperate it all is. At best we leave with information overload, at worst, seriously depressed. By combining art and activism, the Cabaret hopes to spark creative – even playful – responses to an admittedly dire situation."

The Only Planet Cabaret is Nomi Lyonns, Murray Reiss, Ahava Shira, Phil Vernon and Maggie Ziegler.

Nomi Lyonns has been a performer in TV, films, musicals and cruise-ship bands, a natural health proponent and an "actor-vist" since her teenage years. A staple of the Hollywood Cabaret resurgence in the 1990s and early 2000s, she now hosts healing retreats on Salt Spring Island.

Murray Reiss is a poet whose work encompasses both the written and spoken word. His recent collection, *The Survival Rate of Butterflies in the Wild* was named the best first book of poetry in 2013 by the League of Canadian Poets.

Ahava Shira has been teaching herself and others how to live with more love and compassion for over twenty-five years. Author of a poetry book and spoken word CD, her collaborative book on the benefits of journal writing in a group called Writing Alone Together is being published this fall.

Singer/Songwriter Phil Vernon has been offering his compelling musical narratives to support environmental and social change on stages and at rallies throughout the Salish Sea region. Recent recordings include the CD *Kitale Road*, as well as songs from peace building in Rwanda.

Maggie Ziegler is a psychotherapist, educator, storyteller and writer committed to supporting people's efforts to find connection and direction in our troubled world. Her intergenerational memoir *The Road to Keringet* was on the *Vancouver Sun's* "best read" list for 2013.

The Only Planet Cabaret starts at 7:30 pm on Saturday, October 4, at the Metchosin Community Hall, 4401 William Head Road. Tickets are \$15 and \$5 for students, available at the Metchosin Country Store and the door. Come to the Cabaret for an evening you'll long remember.

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Funding Available for Community Projects

The West Shore RCMP Community Policing Advisory Committee (CPAC) continues to provide funding for organizations and schools in the West Shore area to develop projects focused on the prevention of drug and alcohol use, reducing crime and promoting public safety. Programs must be community based and not for profit and:

- Be tailored to meet the needs of a specific school or community;
- Involve youth, seniors or at risk populations;
- Promote healthy choices and lifestyle; and/or
- Promote public safety.

The more a proposal meets these criteria, the greater potential support it may receive.

In your application, please provide a brief history of your group and details of how the funds will be used. Once your activity or service has been completed, you will be asked to submit receipts showing how the funds were used. You may be asked to provide a presentation in person to CPAC.

CPAC reviews applications twice a year and provides

funding of up to \$500 for each approved project. Deadlines are the last Friday in February and the last Friday in September. **The next deadline for applications is September 26, 2014.** Applications should be sent to:

West Shore RCMP CPAC
Funding Application
Attn: Cpl. Rochlitz
698 Atkins Ave.
Victoria, BC V9B 3A4

This information is provided by the West Shore Community Policing Advisory Committee (CPAC). Metchosin's representative on CPAC is David Kirkham. If you have questions or concerns that you would like raised at the Committee, please contact David at: CPAC-Metchosin@googlegroups.com



HOUSE HAPPENINGS

Metchosin Community House 4430 Happy Valley Road Info: 250-478-5155

Email: mcahouse@telus.net Web: www.metchosincommunityhouse.com

Ongoing Programs

Mondays

Vancouver Island Health Authority Adult Day Program – 9:00 am to 3:30 pm. Contact Mobile program coordinator Ken Hillicke at 250-213-2440.

Buddies Program to 2:30 pm to 5:00 pm. Buddies offers Reading and Math support as well as help with homework for Metchosin kids. Kids receive a half hour to 1 hour, one-to-one tutoring session with an adult or teen volunteer. **Buddies will restart in early October.** Registration forms and contact info are provided to Hans Helgesen School. For more info you can call MCH at 250-478-5155.

Pearson College Students Outreach – The program will start again **September 22, 3:00 pm to 4:30 pm.** Helping seniors and youth in our community. Invite Pearson College students to visit or help with a project. Particularly aimed at Metchosin seniors, but call 250-478-5155, and leave a message for Jane Hammond or John Hollemans, to see if you might be eligible.

Tuesdays

Drop In Painters Art Group. This friendly and supportive group of artists and hobbyists meet Tuesday mornings 9:30 am to noon at the MCH. Everyone is welcome.

Games Afternoon. Every third Tuesday of each month from 1:00 to 3:00 pm. Bring a game of your choice, bring a friend and a snack if so inclined and prepare to have some fun. Everyone is welcome.

Wednesdays

Vancouver Island Health Authority Adult Day Program – 9:00 am to 3:30 pm (see Monday for details).

Fridays

Parent and Tot Program – 9:30 to 11:30 am – Calling all Metchosin Tots! The Parent and Tot Drop-In program invites Moms, Dads, caregivers and their young children to join us Friday mornings for our community Parent and Tot program. Children will enjoy our new toys, books and craft opportunities. Parents will enjoy our relaxed, supportive environment, parent resource library and opportunities to connect with other parents and kids.

We look forward to seeing you and your little ones! For more information please call Nina at 250-590-2540 or email dalenina@shaw.ca.

Pearson Student Teatime Drop-In. The program will return **September 19, 2:45 to 4:30 pm.** Enjoy a cup of tea and conversation with international students from Pearson College.

Events

CREATIVE RUG HOOKING – Returns **September 4.** First and third Thursdays, monthly, 10:30 am to 1:30 pm, led by Sheila Stewart, certified Instructor of Traditional Rug Hooking. Beginners are welcome, but should contact Sheila (phone 250-595-6406, email blueheronstudio@telus.net).

net) to discuss needed supplies. Experienced rug hookers are invited to bring their own projects. Bring a bag lunch; tea and coffee available. No fees but donation jar available to cover refreshment costs.

MCA at Metchosin Day – Sunday, September 7. Watch for notices announcing the friendly competitions sponsored by the MCA: Pie Baking, Cake Baking and Photo Contests. Come visit the Metchosin Community House-sponsored Corn Booth for a steaming and delicious cob of Island-fresh corn. When you are ready for rest and refreshment in a quiet setting, wander over to the Community House Tea Room.

Each year the Metchosin Community Association is integrally involved in Metchosin Day. We are looking for an hour or two from volunteers who may be willing to assist in coordinating or to helping man some of these activities:

- Set up and/or take down
- Strawberry Tea Room
- Photo Contest
- Pie and Cake Baking Contest
- Dinner Dessert Sales
- Corn Booth
- Rest Area canopy

It is always great fun being involved in helping to make this community event the special day we've come to enjoy.

Check out the newly created Metchosin Day website at metchosinday.ca or contact the Metchosin Community House Office 250-478-5155.

See you at the Fair!

Singalong – METCHOSIN ROUGH VOICE CHOIR – Mondays on the second and fourth Monday of each month, 7:00 to 9:00 pm, **returning on September 22.** A random group of Metchosinites is attempting to initiate an informal evening of singing at the Community House. All are welcome (a good singing voice is NOT a requirement) and families with children and grandparents are encouraged to come. If you have questions prior to this date, please contact Barb Sawatsky at 250-478-0553.

KNITTING CAFE – Regular meetings are held on the first and third Monday, 7:00 to 9:00 pm and the second and fourth Tuesday, 1:00 to 3:00 pm, monthly. **The group will start again on Tuesday, September 9 for the afternoon group and Monday, September 15 for the evening group.** Looking forward to seeing everyone again and newcomers, whether experienced or beginning knitters, are always welcome. For more information, call Laura, 250-478-1197 or email laura.farquharson@shaw.ca.

Community Potluck Lunch – September 25, noon to 1:30 pm. Everyone welcome!

Foot Care Program – The last Monday of each month a foot care nurse will be offering foot care services. Appointments last thirty minutes and cost \$40, and are between 10:00 am and 2:30 pm. Please call 250-478-5155 to book.

Art On The Walls – **Back on October 1** with artist Jean Kilburn. The works will be hanging on the Community House walls for all to come and enjoy. Viewing times are Monday to Friday, 9:00 am to 1:00 pm.

The Art On The Walls program offers the House as a wonderful venue for artists to show and display their works. For more information, please call the MCH at 250-478-5155.


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NEWS FROM HANS HELGESEN

Introducing Hans Helgesen School's New Principal

JOANNIE CHALLENGER

When school starts up again this fall, Hans Helgesen will welcome a new principal, Debra Stoutley. Debra is relatively new to Sooke District but comes with a wealth of experience from Port Alberni, where she taught for twenty years.

In Port Alberni, Debra's first teaching assignment was to teach enrichment, French and the gifted program. In the following years she taught grade four and grades six to eight at the middle school before becoming a vice-principal. Along the way, she took a year out to teach Math and Science to grades six, seven and eight at a private school in Singapore, which provided her with an international perspective of life in a classroom.

Two years ago Debra moved to Sooke District to become principal of Willway School, and has now moved to Hans Helgesen. "I'm looking forward to getting to know the community", she commented. "I'm excited about the experiential learning that happens in a rural setting. A fellow principal once told me that when he asked his grade eight students about their best memory of school they replied that it was raising chicks in kindergarten. Hands-on learning is so important and meaningful."

As someone who lives in the country, Debra already feels a connection to Metchosin, and as a grandmother of two young children she can readily identify with the parents who entrust their children's learning to their local school. "I'm looking forward to getting to know the people of Metchosin; the doors are always open so please drop in and meet me."



A Passion for Teaching

JOANNIE CHALLENGER

Hans Helgesen School won't be quite the same this year without Mrs. Volk, who retired last June after thirty-four years of teaching. She spent half of those years at Hans Helgesen, where she has been a much-loved and respected teacher. I'm sure that there will be a lot of children who will be missing her warm, bubbly, energetic presence as they start their new year at school.

Lisa Volk didn't always plan to be a teacher. As a teen she was a national gymnast, representing Canada in the Pre-Olympic games in Montreal in 1975, and in international competitions in Romania, Bulgaria and Israel. It was when she was asked to lead a reading group in her cousin's class that she realized how much she loved working with children. Lisa started her teaching career in 1980, teaching grades one and two at David Cameron School before taking a grade one/two teaching position at Saseenos. After several years she moved to Happy Valley to teach grades one, two and four, then off to David Cameron for a year before transferring to Hans Helgesen School.

At Hans Helgesen School Lisa taught grades one and two and more recently kindergarten. Nine of those years in grades one and two have been with Kelly Holtan as a teaching partner, who noted, "Lisa had an open-door policy; she encouraged parents to come along on field trips, stop in to help in the classroom, or simply

chat. I'll miss her spirit, her enthusiasm, her love of teaching."

Lisa's favourite part of her teaching day? "Reading stories to the children! I also loved hearing their stories that they wanted to tell me." If you've ever been around little children you have to know that there are always stories to listen to, and not always enough time to hear what they have to tell.

What has been the most challenging part of her career? When asked, Lisa thought for a moment before responding, "Keeping the parents and students happy and feeling good about school ... making parents who may not feel comfortable in school feel welcome, embracing different learners. Teaching as a whole is challenging, but the rewards by far offset the challenges." Lisa's goal in teaching has been to ensure that her students love school and look forward to coming to class each day. Having been in her classroom it's hard to imagine them not wanting to be part of such a vibrant, welcoming space, particularly when that space at times included baby chicks and a variety of class pets!

Lisa has many memories from her thirty-four years in the classroom. Trips to Sidney Spit with her classes and a camping trip to Port Renfrew many years ago are highlights. And then there was the visit to her class by renowned artist Tony Hunt— she invited him to talk to her class and he accepted her offer! Lisa has also enjoyed connecting with



Lisa Volk

students when she's out in the community.

So where does Lisa go from here? There is no shortage of ideas to pursue in retirement. She is looking forward to spending time training her new puppy Tori, an Australian shepherd who came for Show and Tell and somehow became her new pet ... and pursuing her interest in natural horsemanship and dressage. Horses have long been a part of Lisa's life, as her friends already know. A member of the Pony Club and the Equestrian Society, Lisa was involved in building the community riding ring. As well as riding, there's jazzercise, gardening, landscaping, spending time with her husband Fred and helping daughters Alex and Ehren as they embark on their careers. So retirement looks just about as busy as teaching has been. All the best wishes, Lisa, as you take on new adventures!



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A Life Dedicated to Helping Others

JOANNIE CHALLENGER

Wendy Masson would probably have been surprised to know how many lives she touched in her years at Hans Helgesen School. As an Education Assistant for the past twenty or more years, she helped children with their reading and other academics, working with them in the library, computer lab and classroom. She showed patience and kindness, always, as she worked with each student. On the playground Wendy encouraged children as they learned to play appropriately with their friends, developing the skills they needed on the way to becoming responsible, successful adults. As a colleague Wendy was a person that you could always count on to support you, to do a job right the first time, and to act professionally in any situation where she was needed. She was a valued, respected member of the staff and school.

So you can imagine the shock last June when Wendy suddenly passed away following a heart attack. For

many of the students it was their first experience with losing a close friend. For everyone at Hans Helgesen it was a huge loss to realize that someone so near and dear to their hearts was gone. Wendy will be greatly missed in the months and years to come.

Close friend and colleague, Kathy Cameron, put her feelings into words when she said of Wendy that, "... our extreme adventures, incredible joys and deep sorrows caused us to become a very close family." Friend and education assistant, Robyn Alexander, referred to the "three amigos" – Wendy, Kathy and herself – who were always there to support each other. "We had many shared moments chatting during all the ups and downs in our personal and professional lives because we felt close and safe to each other, and shared much laughter and of course sometimes tears. Hans Helgesen does not seem the same without her presence



Wendy Masson (left) with Kelly Holtan at Witty Beach on the school's beach day.

and personally I will miss her friendship daily."

Kathy summed up Wendy's time at Hans Helgesen by saying, "Wendy, you have touched us all. Your passion for people drove you to put others first, always. You were never more fulfilled and joyful than when you saw the smile on your students' faces when they realized that for the first time YES, they can do it! You gave voice to those who couldn't speak up, you advocated for them and their families. We knew how much you loved and cared for your family, your beloved sons, your little dog Trixie, your mom and all the rest. We are all better people because of you. You have made the world a better place."

RCMP Call-Outs JULY 16–AUGUST 15, 2014

BY CPL. BRIAN KERR, CENTRAL SAANICH POLICE

- July 16 **Duke Road area** – Complaint of person turning in firearms for destruction.
Morland Road – Complaint of theft from vehicle, stolen item located near the vehicle, no suspects.
Sooke Road – Complaint of deer hit by vehicle.
- July 17 **Rocky Point Road** – Complaint of possible impaired driver, vehicle not located.
- July 18 **Sooke Road** – Complaint of possible impaired driver, vehicle stopped by Sooke RCMP.
Rocky Point Road area – Complaint of possible assault, investigation continuing.
Happy Valley Road – Complaint of possible impaired driver, vehicle found at residence and owner found to be intoxicated.
Sooke Road – Complaint of possible impaired driver, vehicle stopped and driver found to be sober.
- July 19 **Metchosin Road area** – Complaint of unstable person, arrested under the Mental Health Act.
Witty Beach Road – Complaint of mischief, youths damaging fence, located and given a warning after fence was repaired.
William Head Road area – Complaint of possible fraud, investigation continuing.
- July 20 **Arden Road** – Complaint of gun shots heard, patrols failed to locate anything.
- July 21 **Neff Road** – Complaint of possible mischief in progress, patrols failed to locate any suspects.
Happy Valley Road area – Complaint of lost/stolen license plate.
Liberty Drive area – Complaint of lost property.
- July 22 **Metchosin area** – Intelligence received of people possibly dealing drugs, investigation continuing.
Sooke Road – Two vehicle accident, no injuries, driver of offending vehicle arrested on breach charges.
Happy Valley Road – Complaint of possible disturbance.
- July 23 **Rocky Point Road** – Complaint of deer being hit by vehicle.
- July 24 **Happy Valley Road area** – Complaint of threats/possible breach of peace, investigation continuing.
Neff Road – Complaint of suspicious vehicle, patrols failed to locate vehicle.
Witty Beach Road – Complaint of lost/stolen val tag.
Happy Valley Road – Two complaints received of a suspicious male, located on transit bus.
- July 25 **Kangaroo Road** – Complaint of a possible motor vehicle accident, patrols failed to locate anything.
Lindholm Road – Complaint of loud noise.
- July 27 **Rocky Point Road area** – Complaint of possible suicidal male, male spoken to and found to be all right.
Sooke Road – Complaint of abandoned vehicle on highway.
- July 28 **Witty Beach Road** – Complaint of intoxicated male, one male arrested and lodged in cells until sober.
- July 29 **Sooke Road** – Complaint of erratic driver, vehicle not located.
Sooke Road – Complaint of speeding motorcycles.
Witty Beach Road – Complaint of vandalism to fence.
- August 01 **Sooke Road** – Complaint of person dumping litter on road.
William Head Road – Complaint of vehicle being parked illegally.
- August 02 **Sooke Road** – Complaint of possible impaired driver, vehicle stopped and driver found to be sober.
- August 03 **Happy Valley Road area** – Complaint of a possible stolen bike being located.
- August 04 **Glen Forest Way area** – Complaint of disturbance/assault, still under investigation.
- August 05 **Liberty Drive area** – Complaint of possible breach of peace, person given warning.
- August 06 **Kangaroo Road** – Complaint of suspicious vehicle going into driveways, not located.
Rocky Point Road – Complaint of youths causing a disturbance at the school, youths spoken to, no problems.
Duke Road area – Complaint of possible mischief to the mailboxes.
- August 07 **Glen Forest Way area** – Complaint of missing youth, later located.
- August 08 **Sandgate Road** – Complaint of person being in possession of animals contrary to court order, dogs seized from residence, investigation continuing.
Happy Valley Road area – Complaint of possible fraud, reported for information.
Pears Road – Complaint of harassing phone calls.
- August 09 **Sooke Road** – Complaint of mischief to a vehicle, tires slashed.
Neff Road – Complaint of found property.
- August 10 **Sooke Road** – Assistance provided to MCF to check on the welfare of some children, investigation continuing.
Kangaroo Road – Complaint of speeding vehicles.
Sandgate Road – Complaint of disturbance, vehicle stopped and driver found to be impaired, vehicle towed and driver charged.
Duke Road area – Complaint of a drunk male, not located.
- August 11 **Pedder Bay marina** – Complaint of mischief/vandalism to a boat.
Kangaroo Road – Complaint of assault, no charges.
- August 12 **Rocky Point Road** – Complaint of theft from vehicle, purse stolen at Goose Trail, investigation continuing.

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Wednesday - 5:15 pm Yoga

Thursday - 9:15 am Yoga

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Volume 2

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CLASSIFIEDS

\$10 per 25 words to go in this monthly paper which is mailed to every Metchosin household. Envelopes for submissions and payments are provided at Metchosin Country Store.

Deadline for submissions is the 15th of each month and can be dropped off at Metchosin Country Store.

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Directory of Organizations

The following is contact information for not-for-profit organizations, but fuller descriptions are given in the "Directory of Metchosin," available at the Municipal Hall and the Community House. Brief articles highlighting special events should be mailed to metmuse@shaw.ca by the 15th of each month, as should any amendments or additions to this list.

AIR CADETS
250-590-3690

ALZHEIMER SOCIETY OF BC
250-382-2052,
www.alzheimerbc.org

ASSOCIATION FOR THE PROTECTION OF RURAL METCHOSIN (APRM)
250-478-1197, www.aprm.ca

BADMINTON
Sunday night cancelled.
Women's 250-478-9648

BILSTON WATERSHED HABITAT PROTECTION ASSOCIATION
250-478-2387,
ikmcken@islandnet.com,
www.bilstoncreek.org

'CHOSIN CHATTERS TOASTMASTERS
info@chosinchatters.org,
www.chosinchatters.org

CRD PARKS
250-478-3344,
crdparks@crd.bc.ca,
www.crd.bc.ca/parks

GIRL GUIDES OF CANADA (Metchosin and Colwood)
tandwcampanandcomish@shaw.ca,
250-478-5484

LA LECHE LEAGUE CANADA
250-727-4384

METCHOSIN 4H, POULTRY, HORSE AND CLOVERBUDS
250-478-4677
Metchosin4H@gmail.com,
www.metchosin4h.com

METCHOSIN COMMUNITY HOUSE
250-478-5155,
mcahouse@telus.net,
www.metchosincommunityhouse.com

METCHOSIN COUNCIL
250-474-3167,
mayorandcouncil@metchosin.ca,
www.district.metchosin.bc.ca/meetings

METCHOSIN EMERGENCY PREPAREDNESS
250-478-1307, ham operators call in on 146.550. POD members can call FRS (Family Radio Service) radios: Channel 1 with "0" privacy tone

METCHOSIN EQUESTRIAN SOCIETY
250-391-7511,
exchanging@shaw.ca,
www.mesmetchosin.org

METCHOSIN FOUNDATION
metchosinfoundation@gmail.com,
<http://metchosinfoundation.ca>

METCHOSIN GARDEN CLUB
250-298-7877

METCHOSIN HALL SOCIETY
250-478-6424,
<http://metchosinhall.com/>

METCHOSIN HIKING CLUB
250-478-4778

METCHOSIN MUSEUM SOCIETY
Pioneer Museum, 250-382-1989,
School Museum, 250-478-5447

METCHOSIN PONY CLUB
250-727-3595

METCHOSIN PRESCHOOL
250-478-9241,
metchosinpreschool@gmail.com,
www.metchosinpreschool.wordpress.com

METCHOSIN SEARCH & RESCUE
250-478-2210

MT. MATHESON CONSERVATION SOCIETY
250-642-0238

POD LEADERS
250-474-6145,
mgidney@shaw.ca

ROYAL CANADIAN LEGION Branch 91, Station Rd, Langford
Ladies Auxiliary
250-478-5484

SCOUTS CANADA
14thjuandefuca@victoriascouts.ca

SEA CADETS
250-478-7813

SENIORS' INFORMATION RESOURCE CENTRE (SIRC)
250-478-5150, msirc@shaw.ca

TOPS: Take Off Pounds Sensibly
Brian 250-474-1665
Marni 250-999-6757

WEST SHORE ARTS COUNCIL
250-478-2286,
info@westshorearts.org,
www.westshorearts.org

WEST SHORE COMMUNITY BAND
250-474-3999

WEST SHORE PARKS AND RECREATION
250-478-8384,
www.westshorerecreation.ca

CHURCHES

BAHA'I FAITH
250-514-1757

GORDON UNITED CHURCH
250-478-6632
www.gordonunitedchurch.ca

HOLY TRINITY REFORMED EPISCOPAL CHURCH
250-727-3722

OPEN GATE CHURCH
250-590-6736
www.theopengate.ca

ST. MARY OF THE INCARNATION—ANGLICAN CHURCH OF CANADA
250-474-4119,
www.stmarysmetchosin.weebly.com

WESTSIDE BIBLE CHURCH
www.westsidefamily.org
250-478-8066

WESTSONG COMMUNITY CHURCH OF THE SALVATION ARMY
250-474-5967
www.westsong.ca

The above is a directory of organizations only. Individuals, groups and organizations are invited to submit details on upcoming events, to be included under "Events" on this page. Deadline for submission is, as always, the 15th of the month preceding the issue date.

Events

CRD Events: The CRD offers many events in Metchosin and the Westshore. We've included a list of September's nature walks on page 2 of this issue of the *Muse*.

For more on Metchosin events, see "Important Dates," page 1.



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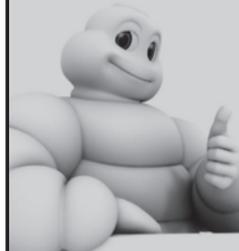


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